



# TRAMPO EXTREME

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trampo-uae.com

## REGISTER NOW!

## WINTER CAMP

### NAKHEEL MALL



MON DEC 12<sup>TH</sup> -  
FRI DEC 30<sup>TH</sup>



9:00 AM -  
2:00 PM



4 YRS &  
ABOVE



### Team Building Games

Trampoline activity, Foam pit,  
Dodgeball & others



### Creative Art Theme

Hand Craft, Slime making  
& Science workshops



### Adventure Cave

Gem hunting, Bear hunting  
& Treasure hunting

# SELECT A CAMP PACKAGE THAT SUITS YOU

WEEK RATE AED 900\*

DAY RATE AED 230\*

10% sibling discount for weekly rate

\*Snacks & lunch included

FOR INFORMATION | ☎ +971 4 580 4411 | 🏠 inquiries@trampo.com

# YOUR TYPICAL CAMP DAY

|               |                                    |
|---------------|------------------------------------|
| 8:30 - 9:00   | Drop off + Check-in                |
| 9:00 - 9:30   | Warm Up + Stretching + Fit & Dance |
| 9:30 - 10:00  | Trampoline / Soft Play Games       |
| 10:00 - 10:30 | Snack                              |
| 10:30 - 11:30 | Caving Games / Skill Training      |
| 11:30 - 12:30 | Lunch                              |
| 12:30 - 13:00 | Arts & Crafts                      |
| 13:00 - 13:30 | Camp Games                         |
| 13:30 - 14:00 | Free Play / Pick-up                |

Mon, Wed, Fri: Arts & Crafts • Tue, Thurs: Caving

## STRICT SAFETY MEASURES:

- Wear closed shoes for the caving activity

## TYPICAL GAMES:

- Parkour Course
- Cheerleading
- Parachute Toddler Time
- Wild West Shooting
- Memory game

The lunch will differ each day, such as:  
Chicken tenders / pizza / spaghetti meatballs etc.

Bring your own water bottle.

The snack will differ each day, such as:  
Cookie & yogurt (or fruit).

(If your child has specific food allergies, please send a packed lunch,  
no refund unfortunately for the food allowance)